

MONASTIC PSALTER

(St. Benedict ca. 540)

(used by most Benedictines, Cistercians, Carthusians, other Monastic groups)

<i>Hour</i>	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
Matins	3	3	3	3	3	3	3
	Invit	Invit	Invit	Invit	Invit	Invit	Invit
	94	94	94	94	94	94	94
	<i>1st</i>	<i>1st</i>	<i>1st</i>	<i>1st</i>	<i>1st</i>	<i>1st</i>	<i>1st</i>
	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>
	20	32	45	59	73	85	101
	21	33	46	60	74	86	102
	22	34	47	61	76	86	103a
	23	36a	48	65	77a	88a	103b
	24	36b	49	67a	77b	88b	104a
	25	37	51	67b	78	92 -or -75	104b
	<i>2nd</i>	<i>2nd</i>	<i>2nd</i>	<i>2nd</i>	<i>2nd</i>	<i>2nd</i>	<i>2nd</i>
	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>	<i>Nocturn</i>
	26	38	52	68a	79	95	105a
	27	39	53	68b	80	96	105b
	28	40	54	69	81	97	106a
	29	41	55	70	82	98	106b
	30	43	57	71	83	99 -or -	107
	31	44	58	72	84	91	108
	<i>3rd</i>					100	
	<i>Nocturn</i>						
	<i>Is 33,2-10</i>						
	<i>Is 33,13-18</i>						
<i>Ecclus 36,14-19</i>							
Lauds	66	66	66	66	66	66	66
	50	50	50	50	50	50	50
	117	5	42	63	87	75	141
	62	35	56	64	89	91	142
	Daniel	Isaias	Isaias	1 Kings	Exod 15	Habacuc	Deut.32
	148	148	148	148	148	148	148
	149	149	149	149	149	149	149
	150	150	150	150	150	150	150
Prime	118	1	7	9b	12	15	17b
	118	2	8	10	13	16	18
	118						

	110 118	6	9a	11	14	17a	19
Terce	118 118 118	118 118 118	119 120 121	<i>same as Tuesday</i>	<i>same as Tuesday</i>	<i>same as Tuesday</i>	<i>same as Tuesday</i>
Sext	118 118 118	118 118 118	122 123 124	<i>same as Tuesday</i>	<i>same as Tuesday</i>	<i>same as Tuesday</i>	<i>same as Tuesday</i>
None	118 118 118	118 118 118	125 126 127	<i>same as Tuesday</i>	<i>same as Tuesday</i>	<i>same as Tuesday</i>	<i>same as Tuesday</i>
Vespers	109 110 111 112	113 114 115 116 128	129 130 131 132	134 135 136 137	138a 138b 139 140	141 143a 143b 144a	144b 145 146 147
Compline	4 90 133	<i>same as Sunday</i>	<i>same as Sunday</i>	<i>same as Sunday</i>	<i>same as Sunday</i>	<i>same as Sunday</i>	<i>same as Sunday</i>

Notes

- This listing denotes a Sunday throughout the year (*tempus per annum* - ordinary time) the weekdays are also ordinary time *ferias*. Adjustments are made for seasons and feasts in certain parts of the psalmody (e.g., 3rd Nocturn, Sunday, Lauds, etc.)
- In printed versions of Monastic breviaries, the psalter begins with Monday Prime (Ps. 1).
- While this psalter is detailed in St. Benedict's Rule, and while his rule is the basic for the way of life of several monastic families, the monastic families vary certain particulars: the lectionary (readings), antiphons for the psalms (text and music, in some cases), hymns (Benedict introduced the "hymn" into the office of the Western Church -- it was not adopted by the Roman Rite for several centuries. Benedictines vary their hymns, as do Cistercians. Carthusians used the same Matins, Lauds & Vespers hymns throughout the week, however, and the Milanese have a similar use (see [Ambrosian](#) material)
- The Monastic families who kept the psalm schema of the Rule retained the Vulgate version of the Latin psalms (*but see the Post Vatican II texts, below*).
- Benedict provided that the superior (the Abbot) could change the psalm structure if this arrangement was unsuitable. His only provision was that the entire psalter (150 psalms) be prayed during the course of a week. Prior to the Second Vatican Council, the [Maurist](#) Breviary of the Hungarian Benedictine Congregation made use of this provision.

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